

# CedarVille make it STICK!

Helping families grow together  
as they learn to... LOVE Jesus, SERVE  
others, and TELL the world about Christ.

CURRENT SERIES: Heroic



Wonder what your child learned in CedarVille?

May 20 and 21

Bright Idea - God's Love Changes Me

Bible Story - Saul's Conversion

Key Passage - Acts 9

Key Verse - James 3:2

Sometimes we make bad choices, but God's love can change us so we can make good choices!

Family Discussion Questions:

- In the beginning, how did Saul treat people who followed Jesus?
- What happened to Saul after Jesus talked to him?
- How did Saul change from the beginning to the end?

Family "Living It Out" Activity:

To show the change that happened in Saul's life, draw a picture of him before he started to love God. How did Saul act? Would his face look grumpy and mean, or nice and happy? Take this picture and cover up Saul's eyes with pieces of paper or by coloring over them. Saul was blinded so that he could eventually see God's love! Now draw a new picture of Saul after he was no longer blind and God's love changed him! Did he stop making bad choices? Would his face look happier now? God's love changed Saul, and God's love can change us too!

Bring your Family Activity back to CedarVille to earn a special punch on your punch card!

# Memory Verse

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.  
**Galatians 5:22-23**



## Digging Deeper

Does your child ever remind you of The Incredible Hulk - with more emphasis on the "Hulk" than the "Incredible" in certain moments?

In the book, "The Whole-Brain Child" by Siegel and Bryson, we learn that our brain can be divided into two sections: Feelings (right brain) and Words (left brain.) "Sometimes when we're upset and we don't talk about it, our feelings can build up inside us ... and make us say or do things we don't mean." We can help our kids in these emotional moments by meeting them right where they are and helping them engage their left brain to put words to their feelings. Two strategies include:

- Connect and Redirect - "I would be frustrated if I didn't get picked for the team at recess too. Why don't we think of a fun game you could play tomorrow that would include everyone?"
- Name it to Tame It - "I'm sorry you're crying. Are you upset because you fell and hurt your knee? How did that happen?"

Emotions have a powerful way of leading us down some unhealthy paths. If you're looking for a practical resource to help navigate these tough moments with your kids, I highly recommend "The Whole-Brain Child."

Learning with you!

Sarah Bucher

Senior Director of CedarCreek Kids

**CONNECT with us  
for RESOURCES**  
to help your family grow.

Connect with us  **CedarVille.tv**  
Or visit [www.CedarVille.tv](http://www.CedarVille.tv)

Download the **CedarCreek.tv app**  
and check out the Family Ministries section!

Get access to memory verse motions, family activities to do at home, and a recap of the weekend experience and more!