

Life Support

Groups for individuals who struggle with a hurt, hang-up, or habit.
Groups meet at all campuses on Tuesdays from 7:00-9:00pm
(6:30pm social gathering time).

Campus directors:

- Perrysburg (“PB”): Jim Miller - jimmm@cedarcreek.tv
- West Toledo (“WT”): Jim Brosius - jimmb@cedarcreek.tv
- Whitehouse (“WH”): Leah Martensen - leahm@cedarcreek.tv
- South Toledo (“ST”): Diana Patton - dianap@cedarcreek.tv

Life Support Group Descriptions:

NOTE: *To learn which group is offered at each campus, see the campus designation that follows each group description.*

•Addictions for Men: For men who struggle with all forms of addiction including but not limited to drugs, alcohol, pornography, and gambling. **(at WT, PB, ST)**

•Addictions for Women: For women who struggle with all forms of addiction including but not limited to drugs, alcohol, gambling, shopping, and food. **(at WT, PB, ST)**

•Anger: For individuals who struggle with outburst of anger and lack self-control. **(at PB only)**

•Before you Divorce: Married couples contemplating divorce. **(appointment only)**

•Boundaries and Safe People: For individuals who struggle with saying no to people or have difficult relationships. **(at PB, WH, WT)**

•Chronic and Serious Disease: For individuals who suffer from chronic illness and serious diseases that cause debilitation and sadness most days. **(at PB and ST)**

•Codependency: For individuals or friends struggle with the need to be in a relationship with others because of some form of addictive insecurity. **(at PB, WT and ST)**

•Depression and Anxiety: For individuals who feel depressed and anxious most days and feel an overwhelming sense of sadness. **(at PB, WT and ST)**

•Divorce Care: For men and women who are permanently separated or divorced. **(at all campuses)**

•Divorce Care for Kids: For kids up to age 13 who are from a divorced family. **(at PB and WT)**

•Grief Share: For individuals grieving the loss of a loved one. **(at all campuses)**

•Parents with a Broken Heart: For parents who are saddened by their children’s hurts, hang-ups, and habits. **(at PB and ST)**

•Shattered and Overwhelmed: For individuals who feel defeated and overwhelmed with life. **(at PB, WT, and ST)**

Go to cedarcreek.tv and find “Get Connected” to learn more!

See reverse side for spring 13-week session dates.

Current as of 3/12/12

Spring—13-week session dates and information:

·3/06/2012: Spring Session - Welcome and Orientation (all encouraged to attend)

·3/13/2012: Principle #1 - Face the Facts: realize I'm Not God and I Can't Control My Life

·3/20/2012: Principle #2 - Realize that You Matter to God and He has the Power to Set You Free

·3/27/2012: Principle #3.1 - Entrust God with the Care and Control of Your Life

·4/03/2012: Principle #3.2 - Entrust God with the Care and Control of Your Life

·4/10/2012: Principle #4.1 - Examine and Confess My Past Mistakes to God and Someone I Trust

·4/17/2012: Principle #4.2 - Examine and Confess My Past Mistakes to God and Someone I Trust

·4/24/2012: Principle #4.3 - Examine and Confess My Past Mistakes to God and Someone I Trust

·5/01/2012: Principle #5 - Develop a Relationship with God

·5/8/2012: Principle # 6.1 - Offer Amends to those I've Hurt and Forgive those who have Hurt Me

·5/15/2012: Principle #6.2 - Offer Amends to those I've Hurt and Forgive those who have Hurt Me

·5/22/2012: Principle #7 - Minister to Others

·5/29/2012: Celebration and Graduation