

Series: Marriage

What Men Really Want...

For the week beginning 2.22.10

Okay guys, it's your week! After listening to the differences between men and women and something about a "10-room house" versus a "one-room house," it's finally the weekend where it is all about you!

Guest speaker and licensed counselor, Tim Butler talked to us about a husband's need for respect and a wife's role as her husband's helpmate. While no woman would relish admitting it, some wives secretly *want* their husbands to *want* to change. "*I just want him to...*" are the words that can start to sidetrack a wife from giving respect to holding her husband in contempt. What is contempt? Well, it's more of a state of mind. Contempt is a wife's state of dissatisfaction that is birthed from her opinion that her husband never seems to get anything right. She feels that he always fails to meet her reasonable expectations and fails to respond to her in ways that she would interpret as loving.

Husbands respond to contemptuous wives in a few different ways, but mainly through defensiveness (lack of listening). He hears her complaints and her criticisms and immediately tries to defend himself.

Once the husband realizes that he cannot defend himself against his wife's complaints, most husbands retreat into what is commonly known as "stonewalling." Once he stops talking, the wife becomes more angry and accuses him of not caring about their relationship or not loving her. The husband retreats even further—he wants to escape her sharp criticisms and anger.

In his book, *Sacred Marriage*, author Gary Thomas says the following about the wife's responsibility to love her husband: "*Giving respect is an obligation, not a favor; it is an act of maturity, birthed in a profound understanding of God's good grace.*"

Traditionally, men are not good at articulating their intense need for respect, but that need runs farther and deeper than men and women are able to imagine. When a wife respects her husband, words like reverence, regard, honor, prefer, esteem, defer, praise, love and admire come to mind. She keeps her expectations of him reasonable and she doesn't treat him like a child. Since he is human and prone to mistakes, she doesn't unleash a verbal assault; rather she acknowledges his humanity and encourages him to seek Godly correction.

Fulfilling a husband's deep need for respect is really a pursuit that will bless the wife in return because a husband that feels respect from his wife will reciprocate with what she desires most: love. One wife said this: "*It's amazing what can happen when a man feels respected. I knew that I needed to show unconditional respect for my husband whether I felt like it or not. I started going through the actions, even though the feelings weren't there. After a while, the feelings started to follow, especially now! My husband has been serving (me) in return.*"

"Complaining about your spouse for the purpose of changing your marriage is way overrated." -Tim Butler

**THIS WEEK'S STUDY WILL FOCUS ON A HUSBAND'S
DEEP NEED FOR RESPECT.**

MONDAY — New word—“Ezer”: What wives are to be...

Big Point: “Ezer is a noun which means help and support. It can also refer to a helper or one who assists and serves another with what is needed. Wives were created to be an ‘ezer’ for their husbands.

One wife’s admission: “My strength and verbal skills aren’t helping my marriage. I have come across to my husband as too strong and too controlling and too demanding and too critical. I have been his mommy and his teacher and his holy spirit. It’s my own personal nature to lead and direct and control and fix and do right and make others do the same. He is scared of my tongue.”

READ...What does the Bible say?

Genesis 2:18 (New Living Translation)

¹⁸ Then the Lord God said, “It is not good for the man to be alone. I will make a **helper** who is just right for him.”

THINK...Find the answers

When you read Genesis 2:18 and the additional commentary information, what do you think about why God made woman for man?

How does our culture’s current viewpoint conflict with the original Hebrew definition of “helper” in Genesis 2:18?

The woman is the perfect counterpart of man, possessing neither inferiority nor superiority, but being like and equal in personhood, and unique and different in function. Genesis 2:18 emphasizes man’s need for a companion, a helper and an equal. He was incomplete without someone to complement him in fulfilling the task of filling, multiplying and taking dominion over the earth. This points to Adam’s inadequacy, not Eve’s insufficiency. Woman was made to meet man’s deficiency.
(info from Precept-Austin.org)

Sarah was listening to Jennifer go on and on about her disdain for her husband, Tom. “He does so many things that just make me so angry,” hissed Jennifer. From Jennifer’s point of view, the problems in their relationship lied directly with Tom. “He never cleans up the kitchen right, he doesn’t load the dishwasher correctly (and then she has to come back and fix it), he never picks up after himself—creating more work for me.”

*Sarah tried to share with Jennifer the dangers of trying to change and control her husband’s behavior with hurtful words. Jennifer tried to listen, but was too hurt to really hear what Sarah was saying. Finally, Sarah asked her a question: “What if your son grew up and married someone just like you?” Jennifer’s mouth fell open. She was stunned. For the first time, she really got it! She would never want another woman to ever treat her son the way she had been treating her husband. (adapted from the book **Love and Respect**)*

LIVE...What will you do now?

At the beginning of today's study, there was an admission from a woman who was frank about how she was treating her husband. Rather than being a helper, she was treating her husband with tremendous disrespect.

Wives: When you think about the role of the 'ezer,' on a scale of 1 (poor) to 5 (great) how do you rate yourself at this time? What behaviors/attitudes support your score?

Husbands: One of the things relationship experts write about is a man's lack of understanding about the importance of respect in his life. If a husband doesn't understand what respect means and what it looks like, he won't be able to talk about it with his spouse. **Question:** What does respect mean to you?

PRAY...God, What do you want me to know & do?

Think about what you remember from this weekend's message. For many, Tim Butler's talk has sparked some intense feelings. Take some time today to pray about what you are thinking about and/or feeling about the topic of respect.

DAILY BIBLE READING COMMENTARY: Acts 21

Acts 21:4 "In this verse, a warning was being given by the Holy Spirit of the danger that was waiting for Paul in Jerusalem. It is doubtful that the warning meant that Paul was actually not supposed to go. The warning did cause the disciples, who loved Paul and did not want to see him hurt, to discourage Paul from continuing his journey. But Paul had already demonstrated sensitivity to the leading of the Holy Spirit (16:6). He had already said that he was 'bound in the spirit' to go to Jerusalem (20:22). Later Jesus Himself encouraged Paul concerning his decision to go (23:11)" (Nelson's New Illustrated Bible Commentary 1409).

Acts 21:9 "four virgin daughters: Here we see a fulfillment of what Peter said in ch. 2 about how young men and women both would be gifted by the Spirit of God to prophesy and proclaim the truth of God" (Nelson's 1409).

Acts 21:10-14 "Agabus had predicted in 11:27-30 the famine that would fall upon Judea. In response to his prediction, the Gentile believers had collected money for the suffering believers in Jerusalem. Here Agabus predicted Paul's imprisonment and suffering. The Holy Spirit did not forbid Paul to go to Jerusalem, but warned him of what it would cost him" (Nelson's 1409).

Acts 21:25 "The Christian leaders were not asking Gentiles to live like Jews; neither did they want to compel Jews to live like Gentiles. The spiritual unity of the body is realized in its diversity, not in its conformity. From our diverse backgrounds and cultures we honor the same Lord" (Nelson's 1410).

TUESDAY –Avoiding the Four Horsemen of the Apocalypse

Big Point: Understand that you are personally responsible for your attitude toward your spouse and your acting upon that attitude.

Dr. John Gottman uses the horsemen metaphor to describe unhealthy communication styles in a marriage. His ‘Four Horsemen of a Marriage’ (The Four Horsemen are a metaphor depicting the end of times in the Old Testament.) are **criticism, contempt, defensiveness** and **stonewalling**.

1. **Criticism.** Criticism involves attacking your partner’s personality or character, rather than focusing on the specific behavior that bothers you. This is the difference between saying, “I’m upset that you didn’t take out the trash” and saying, “I can’t believe you didn’t take out the trash. You’re just so irresponsible.”
2. **Contempt.** Contempt is one step up from criticism and involves tearing down or being insulting toward your partner. Contempt is an open sign of disrespect. Examples of contempt include: putting down your spouse, rolling your eyes or sneering, or tearing down the other person with so-called “humor.”
3. **Defensiveness.** When a person is defensive, he or she often experiences a great deal of tension and has difficulty tuning into what is being said. Denying responsibility, making excuses, or meeting one complaint with another are all examples of defensiveness.
4. **Stonewalling.** People who stonewall simply refuse to respond. When you stonewall on a regular basis, you are pulling yourself out of the marriage, rather than working out your problems. -P. Sharma

READ...What does the Bible say?

Proverbs 31:10-12, 25-26 (The Message)

A good woman is hard to find, and worth far more than diamonds. Her husband trusts her without reserve, and never has reason to regret it. Never spiteful, she treats him generously all her life long. Her clothes are well-made and elegant and she always faces tomorrow with a smile. When she speaks she has something worthwhile to say, and she always says it kindly.

Ephesians 4:29 (New Living Translation)

Don’t use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

THINK...Find the answers

How does the Proverbs 31 woman treat her husband? List her attributes:

Describe the speech patterns taught in Ephesians 4:29:

LIVE...What will you do now?

How do the above actions compare to your communication style in your marriage?

Spend some time with your spouse discussing the communication needs within your relationship. List both positive and negative feedback. Any surprises?

What do you need to change? How can you start today?

PRAY...God, What do you want me to know & do?

Ask God to reveal your heart's attitude. Ask for his help in what needs to be changed. Pick a Bible verse (you can use one of today's or find your own) to memorize or meditate upon regarding building up your spouse.

Proverbs 12.25: An anxious heart weighs a man down, but a kind word cheers him up. (New International Version)

DAILY BIBLE READING COMMENTARY: Acts 22

Acts 22:6-8 *“Paul shared his personal testimony. God has given to each of us a testimony of how He has changed our lives. We must share that testimony to everyone who will listen (1:8). Peter exhorts us in 1 Pet. 3:15 always to be ready to give an answer for the hope that lies within us” (Nelson’s New Illustrated Bible Commentary 1411).*

Acts 22:22-23 *“The Jews did not hate all Gentiles. In fact, they permitted God-fearing Gentiles to worship in the Court of the Gentiles. A Gentile could even become a proselyte, recognized as a Jew, by being circumcised and obeying the laws of Moses. Thus the Jews in this passage were not upset about allowing Gentiles to worship God, but at the idea that Gentiles could be on an equal footing with them before God without being proselytes. The fact that the Gentiles could come to God directly by faith in Jesus Christ was offensive to them” (Nelson’s 1411).*

Acts 22:24 *The King James Version reads that Paul was to be scourged. “The scourge was a leather whip, studded with pieces of metal or bone, fastened to a wooden handle...used to cripple for life or to kill. The victim endured this torture either stretched out on the floor, tied to a pillar, or tied to a hook suspended from the ceiling” (Nelson’s 1411).*

Acts 22:27-28 *“Possibly Paul’s father or grandfather had become a citizen...with the result that Paul was born a Roman. Ultimately God used Paul’s Roman citizenship to spread the gospel to Rome” (Nelson’s 1412).*

WEDNESDAY—Treat him like a ‘VIP’

Big Point: See what happens when you respect your husband Verbally, Intellectually and Physically.

My husband, Ron, admits that he used to be jerk, but I discovered a secret formula that turned him into a loving husband: I started treating him like a VIP. Ron always wanted me to respect him, but I thought he had to earn it and I had to feel it, before I could do it. Wrong. We women are very good at pointing out our husbands’ faults and failures and punishing them for not meeting our needs, but that only leads to discontent and distance in our marriages. We all know that yelling, nagging, and belittling are disrespectful and ineffective. So I’m suggesting a radical concept: Treat him like a king, and eventually, he will begin to treat you like a queen. - Nancy C. Anderson

READ...What does the Bible say?

Ephesians 5:33 (Amplified Bible)

³³ However, let each man of you [without exception] love his wife as [being in a sense] his very own self; and let the wife see that she respects and reverences her husband [that she notices him, regards him, honors him, prefers him, venerates, and esteems him; and that she defers to him, praises him, and loves and admires him exceedingly].

THINK...Find the answers

In Ephesians 5:33, men are told to love their wives, not always an easy task. Women are told to respect and reverence their husbands. In what ways are women told to do this?

“Wives, be tender and kind to your husbands and most of all respect them. Husbands, earn your wife's respect with unconditional love for her as this is a reflection of what Christ has done for you.”

LIVE...What will you do now?

Writer Nancy C. Anderson gives us suggestions on ways wives can show respect for their husbands.

VERBALLY: Cut back on complaints and add compliments. Compliments are like magnets. The more you compliment him the more he will be attracted to you. If you need to bring up a difficult issue, place it between two compliments, also known as a **“Compliment Sandwich.”**

“Wives must grasp that their husbands aren't half as big and strong and impervious to being hurt as they might seem. A woman may envision herself as a sweet little dewdrop and her man as a big strong bear who should be able to absorb any kind of punishment. One huge fellow was stunned by his beloved's attack and said to her, “You hate me.” Frustrated the wife replied, “ When I scream ‘I hate you’ you should know I don't mean it. You are 6'9” and weigh 260 pounds, for goodness sake. I do that because you can take it.” The truth is, however, a lot of men can't take it. No matter how big they may seem to be physically, emotionally, they are vulnerable to what sounds like contempt.”—from the book, *Love and Respect*

INTELLECTUALLY: Men like to solve problems and fix things, so appeal to his intelligence by asking him to help you solve a problem. Start out with “I’d like your help with...” or “I’m confused about...” instead of “The basement is a mess” or “I think you’re wrong about...”

PHYSICALLY: Ask him what he would like you to do and then do it. Maybe he needs some quiet time when he gets home from work. Or he might need you to keep your make-up and other “girly stuff” out of his way in the bathroom. See if you can satisfy his top three needs. What are those needs?

- 1.
- 2.
- 3.

Lastly, be aware of your body language with your husband. You can communicate disrespect by rolling your eyes, crossing your arms or slamming doors. Reflect your new decision to respect your husband in your heart, mind and body.

Why not pick one aspect of the “VIP” formula this week and try it out? Remember, the goal here is that **both** of you will learn to love and respect each other more deeply. The result will be a stronger, more enjoyable and intimate marriage relationship. Write out which one you think you’d like to pick—if you can’t decide, ask your husband. Next, brainstorm some suggestions of what you could do.

PRAY...God, What do you want me to know & do?

“Respect” can be a tough concept to understand. Pray today that God will help you to understand the meaning as He intends it. If you need to, pray for the desire to love and respect your husband in new and Godly ways. Thank God for your marriage and for your spouse.

DAILY BIBLE READING COMMENTARY: Acts 23

Acts 23:4-5 “Note that Paul did not defend his behavior (v. 3), but rather repented of it... There are several possible reasons why Paul did not know Ananias was the high priest. It could be that Paul’s eyesight was poor, and he could not see Ananias clearly. Or perhaps this was not a normal assembly of the Sanhedrin, and the high priest was not wearing his normal robes or sitting in his usual place. It had been 20 years since Paul had associated with this group. Possibly he did not know who was the current High Priest” (Nelson’s New Illustrated Bible Commentary 1412).

Acts 23:11 “The Lord encouraged Paul not to be afraid because he was under the sovereign care of God. As Paul had borne witness to Jesus as a prisoner in Jerusalem, so he would do as prisoner in Rome. Paul’s chains would glorify God in ways that would have been impossible without them” (Nelson’s 1412).

Acts 23:23 “The hand of God over Paul’s life can be seen in the provision of such extraordinary protection” (Nelson’s 1411).

Acts 23:33 “Felix was known for indulging in every kind of lust, and the writer Tacitus described him as ‘exercising the powers of a king with the character of a slave’” (Nelson’s 1412).

THURSDAY — Man's Sexual Fulfillment

Big Point: Do women understand how important physical intimacy is to men? If that concept could be grasped, marriages would blossom like “a bouquet of wild-flowers picked just for me from the fields of Engedi.” (thank you, Song of Solomon).

STORYTIME: Imagine you've just been informed by mail that you've won the grand prize in a national contest. You and your husband will be whisked off to a tropical island for ten days of first-class service at a five-star resort. You'll be given \$1500 a day in spending money and unlimited luxury limousine service – in other words, the works! Naturally, you can't wait for your husband to walk in the door so you can tell him the good news.

Now imagine that when he does come home, you greet him by saying you have some wonderful news. But he responds, “Not now dear. I'm really tired, so I think I'm going to take a nap.” As he walks to the bedroom, he adds, “Don't tell anyone else the news. I want to be the first to hear it.”

How would you feel? A man's testosterone level makes him feel like he's won the grand prize...almost every day...and he can't wait to “tell” you about it! – Gary Smalley, *Making Love Last Forever*

READ...What does the Bible say?

1 Corinthians 7:4-6 (New Living Translation)

⁴ The wife gives authority over her body to her husband, and the husband gives authority over his body to his wife. ⁵ Do not deprive each other of sexual relations, unless you both agree to refrain from sexual intimacy for a limited time so you can give yourselves more completely to prayer. Afterward, you should come together again so that Satan won't be able to tempt you because of your lack of self-control. ⁶ I say this as a concession, not as a command.

The entire book of *Song of Solomon* depicts God's view of sexuality within marriage ~ it's a wonderful read and quite a motivator!

As Christ-followers, we should enjoy God's gift of sexual intimacy more than anyone else since we have a direct connection to its Creator.

THINK...Find the answers

In Corinthians 7:5, when should couples refrain from sexual intimacy? How long?

What danger does this passage of scripture make us aware of?

LIVE...What will you do now?

Wives: How important should it be to you (as a wife) to physically fulfill your husband? What are the barriers that reduce your desire to do this?

Husbands: What are the highs and lows in your sexual relationship with your wife?

Wives: What are the highs and lows in your sexual relationship with your husband?

How do the verses that you've read today affect your current role in the physical aspect of your relationship with your spouse?

PRAY...God, what do you want me to know & do?

Wives: Dear God, help me to understand how important physical intimacy is to my husband and enable me to use it to encourage, strengthen and admire him. Help me to be creative in communicating my desire for him and to demonstrate my love for him in physical ways. Teach me how to meet his needs in the ways he desires.

Marital Ambush: It's been reported to us that men really enjoy being pursued by their wives. So, ladies, here's your chance to communicate your love to your husband in a manner that he will truly appreciate.

Here's the plan: Clear your evening calendar, tidy your home, send the children to stay elsewhere overnight, have dinner ready and be prepared for an evening of romance (without telling your plans to your husband).

When your husband arrives home from work on the glorious day, greet him at the door (looking your finest) and enjoy dinner and each other's company without distraction.

(Couples with young children may want to alternately share childcare to facilitate romance.)

DAILY BIBLE READING COMMENTARY: Acts 24

Acts 24:5 "The name [Nazarenes] means 'those who belong to the Nazarene'...It was not a flattering designation, but an insulting one. The Jewish leaders never thought the Messiah could come from Nazareth, a small town in Galilee, a region that was populated by many Gentiles and therefore was held in contempt by orthodox Jews" (Nelson's New Illustrated Bible Commentary 1413).

Acts 24:6-12 "Paul first addressed the charge of sedition, knowing that if he was found guilty it would mean his life. He demonstrated how ridiculous the charge was in that it had only been twelve days since he had come to Jerusalem. This was hardly enough time to incite riots or start revolutions in Judea" (Nelson's 1413).

Acts 24:27 "It may be that this was the time Luke wrote most of the Book of Acts, considering that he had access to people in Jerusalem and Caesarea for information about the early church. After two years, another riot broke out in Caesarea. Felix crushed it with such force that he was removed as governor around A.D. 60" (Nelson's New 1413).

FRIDAY — How a guy likes to end his day...told by a guy

Once upon a time there was a grumpy old ogre of a husband who worked long hours deserting his poor wife from dusk 'til dawn leaving her to look after the snotty nosed, preschool children. He returned home every night barking orders and complaining about every little thing. She desperately desired to commune with her brutish tormentor to hear of his day's adventures and tell him of hers. But the grumpy ogre would simply dismiss her—instead retreating to his cave and griping about how she had yet to prepare the kill he had so valiantly won for his family...

But this fair maiden was determined to draw back the groom of her youth from his caverns of isolation. Resolved that she would persuade the prince she had once walked the meadows with to return and vanquish this gremlin of a man who had taken his place. So, she sent the children to visit family in the neighboring village, swept the castle floor, lit the aroma scented torches, and prepared the banquet room for a fine meal. She then bathed in oil, powdering herself in the finest perfumes of the land, to anxiously await the return of her husband. Much to her surprise, the maiden's efforts paid off and she actually caught a brief glimpse of her prince on the very first night. While the transformation wasn't immediate nor was she able to make the same preparations more than once a fortnight, her king did in fact return. And upon his return, the former ogre was so grateful that he refused to allow another moment to pass without showering on his love the praises she so graciously deserved.

As a man, when I come home from work I am usually stressed and hungry which makes me exceptionally irritable. I simply want to retreat to my cave of solitude and eat something before engaging with my family. I realize it's selfish but it's also essential. I can't begin to tell you how thankful I am to return home to a quiet clean house with the smell of dinner on the table – even if it's only a frozen pizza! I almost immediately snap out of my 'business' mode to embrace my home life. I'm sure you're stressed as well and know that it is asking a lot but I promise it will be well worth your time! - written by LIO writer, Stephen...the only guy this week

READ...What does the Bible say?

Proverbs 21:9 (New International Version)

Better to live on a corner of the roof than share a house with a quarrelsome wife.

THINK.....Find the answers

Knowing that living on the corner of a roof means being stripped of the luxuries of home, exposing a man to the elements of the outdoors, why do you think Solomon would describe it as being better than living comfortably in his own home if he has to share it with a "quarrelsome wife"?

LIVE.....What will you do now? (For wives!)

How can you use your imagination to create a peaceful retreat for him to return to? (Hint: Appeal to the idea that "the way to a man's heart is through his stomach.")

What are some ideas through which you can seduce your husband through his senses of sight, sound, and scent?

DAILY BIBLE READING COMMENTARY—Acts 25

Acts 25:1-4 *“The Jews hated Felix, and they wrote letters to Rome detailing their outrage over his brutality against them. As a result, Felix was replaced as governor by Porcius Festus. Festus learned from the mistakes of Felix...[and met] with the Jewish leaders to establish some sort of working arrangement with the high priest and the Sanhedrin” (Nelson’s New Illustrated Bible Commentary 1413).*

Acts 25:13 *“Although Agrippa was king of only a small area in northern Palestine, he had the right of appointing the Jewish high priest and was considered an expert on Jewish affairs (26:3)” (Nelson’s New 1414).*

Acts 25:14-22 *“Festus had a problem. In the case of an appeal, a letter had to be written providing the details of the case. Festus did not understand what was going on with Paul or why the Jewish leaders hated him. When King Agrippa arrived to bring his official greetings, it gave Festus an opportunity to get an opinion from one who might have understood such things” (Nelson’s 1414).*

Check online at www.livingitout.tv for Family Activity Section!

Seven practical ways in which the wife can be the helper, or be respectful of her husband:

- *Complimenting him in public; affirming his gifts, abilities, accomplishments*
- *Give him space to communicate about his day—or space to be silent*
- *Be limited in your expectations: “Contempt is conceived in expectations”*
- *Contemplate your husband’s struggles or pressures, versus, his shortcomings*
- *Verbally, protect your husband’s ego*
- *Offer to join him in his interests/hobbies*
- *Offer to join him in the physical intimacy’s of the relationship*

For Husbands...

One great tip we found...if a situation occurs that makes you feel disrespected, rather than using harsh words to defend yourself, try this approach with your wife: *“Honey, that felt disrespectful. Did I just now come across as unloving to you?”*

Living It Out: Matthew 16:24

Then Jesus said to his disciples, “If any of you wants to be my follower, you must turn from your selfish ways, take up your cross, and follow me.”

Living It Out

It is the dream of CedarCreek that everyone who calls this their church home will be reading and studying the same topics, both individually and in groups. Each week, join with thousands of others at CedarCreek Church in applying God’s Word, the Bible, into your daily life. Our hope is that while we learn and grow together, as individuals and as a church, we will collectively live out the weekend message.

Living It Out resources, such as the Daily Bible Study, Daily Bible Reading Plan, Discussion Questions and Scripture Memory Verses, are designed to help us embrace a missional mindset...a mindset that compels us to love Jesus, serve others and tell the world about Christ.

Living It Out: Daily Bible Study...Daily Bible study activities to reflect on the weekend message

Living It Out: Daily Bible Reading Plan...Read through the New Testament in a year

Living It Out: Discussion Questions...Weekly questions to discuss with others

Living It Out: Scripture Memory...Memorize one Bible verse per month

All of these resources are also available electronically at www.livingitout.tv, where you can subscribe to have any or all of them emailed to you as they are updated.

We Want Your Feedback!

Tell us about any questions or comments you have about this week’s Living It Out: Daily Bible Study. Forward them to barbr@cedarcreek.tv.

<p>CedarCreek Church 29129 Lime City Road Perrysburg, Oh 43551 Phone: 419.661.8661 Fax: 419.661.8665 www.cedarcreek.tv www.livingitout.tv</p>	<p>RESOURCES: <i>Love and Respect</i> By Emerson Eggerichs</p>	<p>Living It Out: Daily Bible Reading Plan scriptures are listed for each day. By completing each of the daily readings, you will read the entire New Testament in 1 year. These readings are separate from the Daily Bible Study.</p>	<p><i>This week’s Living It Out: Daily Bible Study written by:</i> Amber Distel Stephen Micham Barb Roose Carol Swanson Penny Taylor</p>
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